

# EXPERT OPINION

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## Exon skipping for nonsense mutations in Duchenne muscular dystrophy: too many mutations, too few patients?

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**Introduction:** Duchenne muscular dystrophy (DMD), one of the most common and lethal genetic disorders, is caused by mutations of the *dystrophin* gene. Removal of an exon or of multiple exons using antisense molecules has been demonstrated to allow synthesis of truncated 'Becker muscular dystrophy-like' dystrophin.

**Areas covered:** Approximately 15% of DMD cases are caused by a nonsense mutation. Although patient databases have previously been surveyed for applicability to each deletion mutation pattern, this is not so for nonsense mutations. Here, we examine the world-wide database containing notations for more than 1200 patients with nonsense mutations. Approximately 47% of nonsense mutations can be potentially treated with single exon skipping, rising to 90% with double exon skipping, but to reach this proportion requires the development of exon skipping molecules targeting some 68 of dystrophin's 79 exons, with patient numbers spread thinly across those exons. In this review, we discuss progress and remaining hurdles in exon skipping and an alternative strategy, stop-codon readthrough.

**Expert opinion:** Antisense-mediated exon skipping therapy is targeted highly at the individual patient and is a clear example of personalized medicine. An efficient regulatory path for drug approval will be a key to success.

**Keywords:** antisense oligonucleotides, Duchenne muscular dystrophy (DMD), dystrophin, exon skipping, morpholinos, personalized medicine, stop-codon readthrough, translational research

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### 1. Introduction

Duchenne muscular dystrophy (DMD) is one of the most common and devastating neuromuscular diseases, affecting 1 in 3500 boys independently of ethnic and geographic origins [1]. DMD and its milder form, Becker muscular dystrophy (BMD) are X-linked recessive genetic disorders arising from mutations in the *dystrophin* (*DMD*) gene, one of the longer known human genes, having 79 exons distributed over 2.3 million base pairs of the X chromosome [2]. Since dystrophin was first identified in 1987, many potential therapies including transplantation of stem cells, virus vector-mediated gene therapies and drug therapies such as corticosteroids or myostatin inhibitors have emerged [3-6]. Most of these studies have reached clinical trials, but degrees of success vary considerably. Hurdles include the large size of the *DMD* cDNA (14 kb), inefficient transduction of mature myofibers and problems associated with immunogenicity [7-10]. As a result, clinical progress in gene therapy and cell transplantation has been slow. In contrast, approaches to restore dystrophin protein production from the patient's own mutated dystrophin transcript, such as

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**Article highlights.**

- We examined the applicability of exon skipping therapy to nonsense mutations in the DMD gene.
- Approximately 47% of nonsense mutations are potentially treated by single exon skipping, rising to 90% with double exon skipping.
- The development of antisense drugs targeting 68 of dystrophin's 79 exons is required to cover 90% of nonsense mutations.
- An efficient regulatory path for antisense drug approval will be a key to success.

This box summarizes key points contained in the article.

antisense-mediated exon skipping therapy and stop-codon read-through drugs, may offer more rapid success [11]. In this review, we discuss progress and remaining hurdles in exon skipping strategy, in particular focusing on nonsense mutations.

## 2. Exon skipping: a promising therapeutic tool for DMD

Antisense-mediated exon skipping therapy for DMD was first described by Pramono and colleagues in patient-derived lymphoblast cells *in vitro* [12]. An intravenous injection of an antisense oligonucleotide created an in-frame dystrophin mRNA from an out-of-frame DMD mutation in a 10-year-old DMD patient [13]. The basic purpose of exon skipping therapy is to transform severe DMD into its milder counterpart, BMD, by interfering with splicing events using compounds such as antisense oligos (AOs) [14]. The diversity of clinical outcomes that can be categorized as DMD, BMD and forms of intermediate severity (intermediate muscular dystrophy) is explained in large part by the reading frame rule [15]. This rule results from the alignment or misalignment of exon boundaries with codon triplets. A mutation, such as the deletion of a given exon or exons, may change the open reading frame downstream of the mutation, leading to a premature stop codon and nonsense-mediated decay of the RNA transcript – this mostly results in DMD. Conversely, the mutation may leave the open reading frame unchanged, allowing the translation of a truncated protein that, due to the redundancy of dystrophin protein structure in regions encoded by the more commonly mutated portions of the gene, usually retains some functionality such that these mutations are mostly associated with the milder BMD. Exon skipping for deletion mutations seeks to block an exon (or exons) adjacent to the mutation from being spliced into the mRNA transcript – the applicability of a specific target exon (or exons) depending upon the alignment of exon boundaries with codon triplets – such that the correct open reading frame is restored [16].

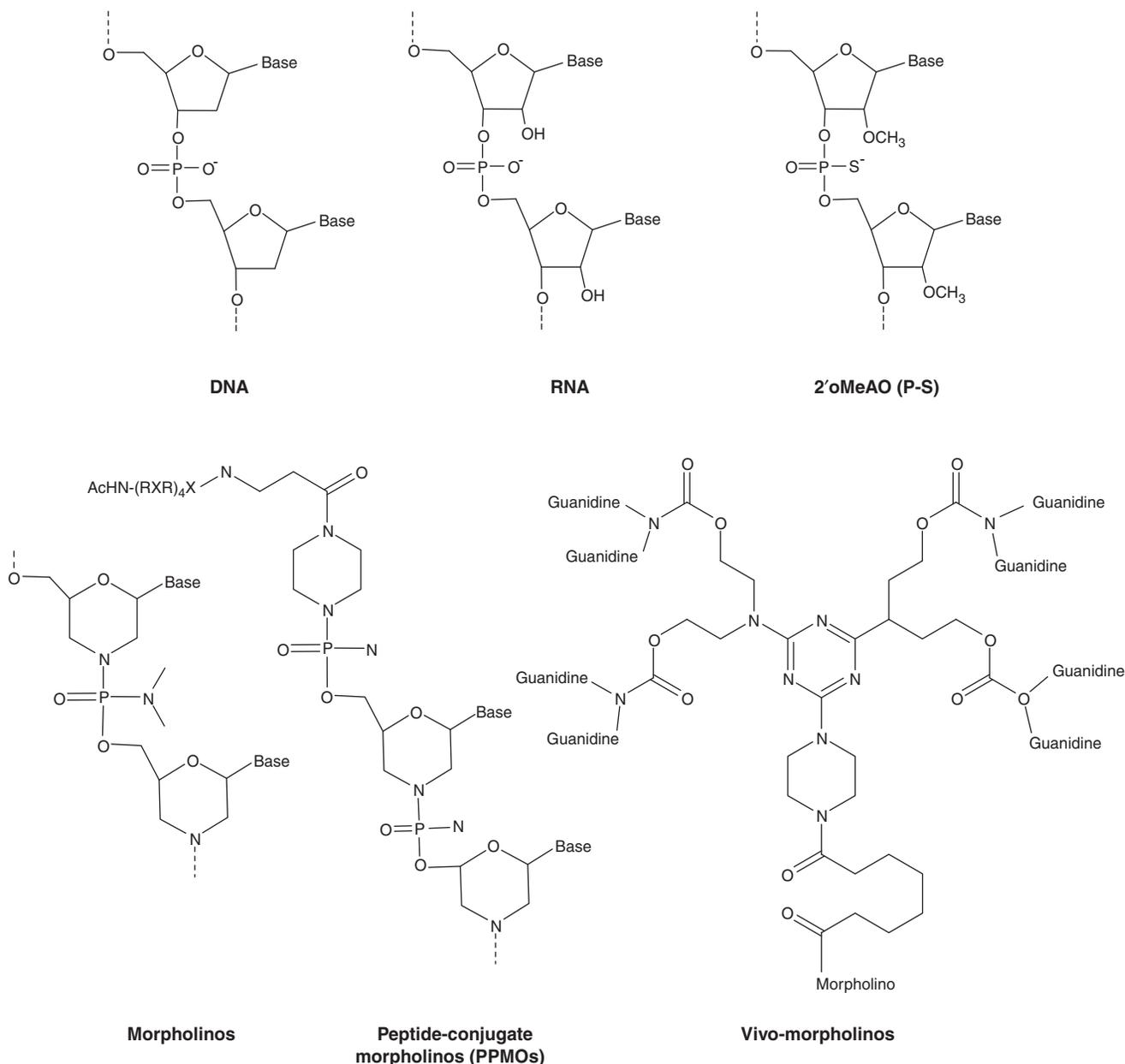
Existing antisense chemistries including phosphorodiamidate morpholino oligomers and antisense 2'-O-methylated phosphorothioate (2'-O-MePS), that contain phosphorothioate

linkages throughout their length and 2'-O-methyl modifications, are capable of efficient induction of exon skipping in body-wide skeletal muscles of mouse and dog models of DMD *in vivo*, without observed toxicity or need for carrier molecules [17,18]. Our systemic delivery of antisense morpholinos to skip exon 51 in *mdx52* mice showed amelioration of the phenotype [19]. Clinical trials to rescue local and systemic expression of dystrophin with AO injections targeting exon 51 were reported in DMD patients [20-24].

Chemical modifications aimed at the optimization of efficacy and/or the minimizing of toxicity have led to the development of AOs such as 2'-O-MePS and to phosphorodiamidate morpholino oligomers, comprised of six-membered azasugar rings with uncharged phosphorodiamidate linkages, which seem well suited for *in vivo* exon skipping in dystrophic skeletal muscle [25,26]. The non-ionic backbone of the morpholino minimizes its interactions with proteins, thereby reducing non-specific effects [27]. In addition, morpholinos have advantages such as high water solubility (263 mg in 1 ml with 22-mer of the sequence), stronger RNA binding ability and non-activation of the inflammatory response [27]. Recently, cell-penetrating moieties conjugated with morpholinos were developed by two companies (Figure 1): peptide-conjugated phosphorodiamidate morpholino oligomers by AVI Biopharma and vivo-morpholinos by Gene-Tools, each of which showed increased potency [28-31]. However, increased charge might also make oligos more toxic. They facilitate nonspecific interactions with other proteins such as the tenase complex or intrinsic clotting cascade, or factor H in the alternative complement cascade [32-34]. At high dose injections with peptide-conjugated phosphorodiamidate morpholino oligomers, lethality, weight loss, elevated serum blood urea nitrogen and creatinine are reported in mice and rats [35]. The continued development of new chemistries of AOs may yield yet further improvements over existing compounds for the purpose of exon skipping. Small molecules having a general upregulatory effect on exon skipping are also under development and one is described to be effective *in vitro* for exon 31 [36].

## 3. Exon skipping for nonsense mutations

The initial tests of exon skipping were directed against a nonsense mutation in exon 23 of the *mdx* mouse *in vitro* and *in vivo* [25,37,38]. Local (intramuscular) rescue with double exon skipping of exons 52 and 53 to treat a nonsense mutation in exon 53 of the *mdx4cv* mouse has also been demonstrated [39]. These encouraging results suggest that this approach potentially provides a therapeutic option for the majority of boys affected by DMD, including those with nonsense mutations. It is reported that over 70% of DMD patients with deletion mutations can be treated by exon skipping targeting single exons [40,41]. However, a major hurdle in this approach is that different AOs will be required to treat DMD patients harboring different mutations. Many different

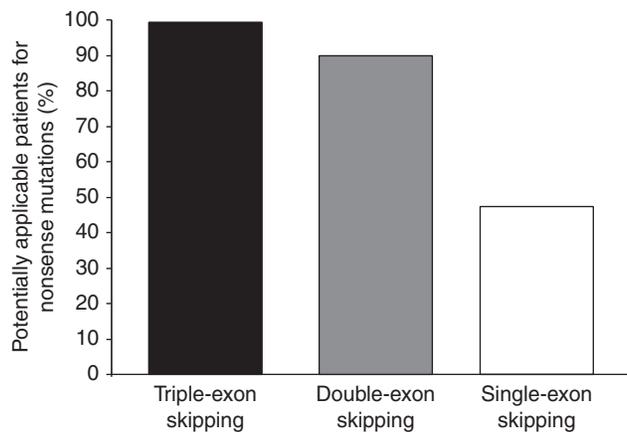


**Figure 1. A comparison of antisense chemistries.** Chemical structures of DNA, RNA, 2'-O-methyl antisense oligo (2'-O-MeAO) (P-S), morpholinos, peptide-conjugate morpholinos (PPMOs) and vivo-morpholinos are shown for comparison.

AOs targeting most of the 79 exons of the *DMD* gene will eventually be required to treat rare mutation patterns.

Almost half of *DMD* mutations are deletion mutations, the remainder are associated with other types of mutation such as duplication, splice site, nonsense, small deletion, insertion, etc. [42]. Approximately 10 – 15% of *DMD* cases are caused by a nonsense mutation, a point mutation that causes a change in a triplet codon such that it no longer codes for an amino acid but instead codes for a stop signal (i.e., nonsense codons UAA, UAG or UGA) [43]. It is of interest to examine the applicable population for exon

skipping of nonsense mutations by targeting each exon. There are several exon skipping clinical trials planned or ongoing to target multiple exons in the hot spot region of the *DMD* gene (around exons 44 – 55, where the majority of deletions occur) such as exon 44 (<http://clinicaltrials.gov/ct2/show/NCT01037309>) and 51 (NCT01254019 and NCT01462292) [20,21,44]. In addition, multiple exon skipping of entire region of exons 45 – 55 (consistent with an exceptionally mild BMD phenotype) is predicted to be applicable to more than 60% of *DMD* deletion mutations, although currently no convincing experimental data or



**Figure 2. Proportions of the nonsense mutation DMD patient population potentially treatable by single- and multi-exon skipping.** The percentage of patients in the Leiden Open Variation Database (as of January, 2012) whose reading frame can be potentially rescued by skipping of a single exon (46.7%), 2 exons (90.3%) or 3 exons (98.2%) are shown. We identified substitutions creating stop codons (nonsense mutations). All DMD/BMD/IMD (intermediate muscular dystrophy) are included.

clinical trial plans have been published [16,45-47]. In contrast, no clinical trials are yet planned to target nonsense mutations. The likely proportions of patients applicable to exon skipping of different deletion patterns, based on surveys of patient databases, have been reported in detail but those focusing on nonsense mutations have not [14,48].

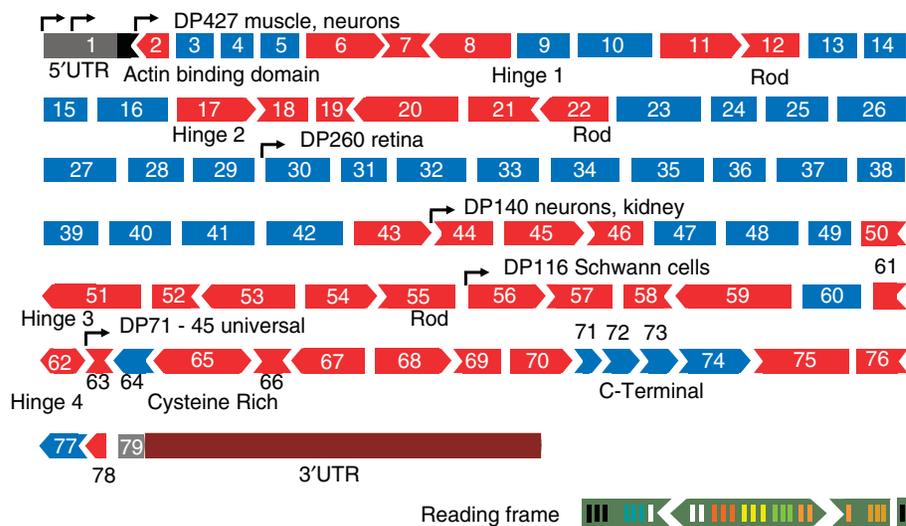
Here, we surveyed the Leiden Open Variation Database (LOVD), collating data corresponding to nonsense mutations in the *DMD* gene [49]. The LOVD represents the largest data repository concerning DMD and BMD patients, but it should be noted that this resource has existed since early in the development of genetic diagnostic methods and, as such, likely contains a subset of entries, especially older entries, having erroneous identifications of mutation. In addition, the LOVD is an open repository, so the possibility of quite disparate clinical diagnostic criteria between sites of data origin cannot be ruled out.

We obtained data on 1273 patients with nonsense mutations (Supplemental Table S1). Interestingly, only 47% of patients with nonsense mutations are theoretically treatable by single exon skipping to correct their open reading frame (Figure 2). Because skipping of a single mutated exon causes disruption of the reading frame in many cases, additional skipping of neighboring exons is required. In fact, almost half (49.4%; 38 out of 77 exons) of internal exons in the *DMD* gene are frame-shifting exons and 39 exons (50.6%) are non-frame-shifting exons as illustrated (Figure 3). In addition, significantly more nonsense mutations are reported in frame-shifting exons rather than non-frame-shifting exons (53% vs. 47%) between exons 2 and 78 ( $\chi^2 = 5.27$ ; d.f. = 1,

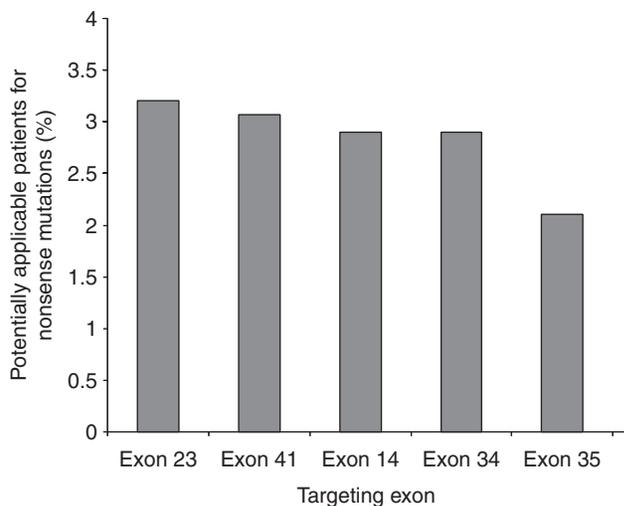
$p < 0.05$ , chi-squared test). This contrasts starkly with treatment for deletion mutations, where single exon skipping is potentially applicable to 70% of patients, and where certain large patient populations share the same single exon target (e.g., exons 51 and 45 are reported to be potentially applicable to 13% and 8% of the DMD patient population, respectively) [48]. The experimental drugs AVI-4658/eteplirsen and PRO051/GSK2402968 target exon 51 [23,50]. The distribution for deletion mutations is explained by the existence of the 'deletion hot spot' region around exons 45 – 55 where many deletions are concentrated, likely due to the large size of introns there [51-53]. In contrast, there appears to be no such hot spot for disease-causing point mutations, including nonsense mutations and splice site mutations, which occur within exons, exon-intron boundaries or deep in the intron [54]. Thus, as a general rule, the probability of harboring a nonsense mutation is not very different among most exons. That being stated, the probability of a nonsense mutation within a given exon giving rise to DMD is likely influenced by the reported propensity of mutations in certain non-frame-shifting exons to themselves induce exon skipping, leading in many cases to BMD [55,56]. In nonsense mutations, exon skipping to target exon 23 is applicable to the largest proportion of patients (3.2%), followed by exon 41 (3.1%) (Figure 4). Only these two exons are above 3% in applicability.

Specifically, if the patient has a nonsense mutation in one of exons 3 – 5, 9, 10, 13 – 16, 23 – 42, 47 – 49, 60, 64, 71 – 74 or 77, single exon skipping targeting the mutated exon is potentially applicable (they are indicated as blue exons in Figure 3). In contrast, double exon skipping (skipping two exons) is likely required if the patient has a nonsense mutation in one of exons 11 – 12, 17 – 22, 43 – 46, 50 – 59, 62 – 63, 65 – 66, 68 – 70 or 78, because these are frame-shifting exons (indicated as red exons in Figure 3). Single- and double-exon skipping can theoretically cover 90% of nonsense mutations collectively. In some cases, triple-exon skipping is required. Such patterns include nonsense mutations in one of exons 6 – 8, 61, 67 or 76 – 78. These are frame-shifting exons (indicated as red exons in Figure 3), for which skipping of two neighboring exons is required to get back in-frame. Most mutation patterns (approximately 98%) can be potentially rescued if triple exon skipping is possible, except for nonsense mutations in one of exons 1, 2, 75 and 79 (Figure 2). Nonsense mutations in exon 2 and exon 75 require skipping more than three exons. It is unlikely that the first exon (exon 1) and the last exon (exon 79) can be skipped without disruption of 5' capping and polyadenylation, respectively. Potential targets of exon skipping therapy for each nonsense mutation pattern are described in Table 1.

Although multiple exon skipping might be possible for the rod domain of dystrophin, importance of phasing and biochemical properties of the novel truncated dystrophin remains to be determined. The central rod domain of dystrophin consists of 24 spectrin-type repeat (STR). Some exon skipping patterns lead to fractional STR modules [57]. Ruszczak *et al.*



**Figure 3. Organization of the *DMD* gene.** The *DMD* gene consists of 79 exons, encoding *N*-terminal actin-binding domain, 4 hinge domains, central rod domain, cysteine rich domain and C-terminal domain. Deletion of a given exon will result in the open reading frame being either retained (exons indicated in blue; ‘non-frame-shifting’) or altered (exons indicated in red; ‘frame-shifting’). Frame-shifting exons are potential targets of single exon skipping for deletion mutations. Non-frame-shifting exons are potential targets of single exon skipping for nonsense mutations. The phasing of the encoding open reading frame relative to the exon boundary is indicated by the shape of the exon boundary. If a deletion removes exons so that the shapes indicated for adjacent boundaries fit together, then the deletion is in-frame. Note that expression patterns of alternative promoters of shorter isoforms do not fully reflect the roles of these isoforms (e.g., Dp71 plays a major role in the brain and retina).



**Figure 4. Proportions of the nonsense mutation *DMD* patient population, potentially treatable by targeting specific exons.** Percentages of patients in the Leiden Open Variation Database whose reading frame can be potentially rescued by exon skipping are shown for the 5 exons with the greatest proportions of applicable patients including exon 23 (3.2%), exon 41 (3.1%), exon 14 (2.8%), exon 34 (2.8%) and exon 35 (2.2%).

demonstrated that these truncated proteins vary greatly in stability [58]. Henderson *et al.* reported that deletions in the central rod domain led to a loss of cooperative unfolding and increased tendency for aggregation [59]. In addition, recent computational study indicates that each tandem repeat has very specific surface properties [60]. These studies might lead to the design of optimal therapeutic exon skipping strategies. Although theoretical applicability of multi-exon skipping for nonsense mutations is quite high, some patients have mutations in indispensable regions of the protein structure, such as the cysteine-rich domain (exons 63 – 69) and the C-terminal domain, containing dystroglycan, dystrobrevin and syntrophin-binding sites (exons 70 – 79) [61-63]. They play important roles in maintaining muscle integrity, muscle regeneration and localizing key signaling or channel molecules [64-70]. Exon skipping against these exons has not been tested yet in animal models *in vivo*. Further study is necessary to address the efficacy of functional rescue by exon skipping targeting exons encoding these domains. In contrast, *N*-terminal actin-binding domain seems a more promising target. Transgenic *mdx* mice with a deletion in most of the *N*-terminal actin-binding domain exhibit a ‘mild Becker’ phenotype [71]. Patients with very mild BMD are reported with mutations in this region (e.g., deletion of exons 3 – 9) [72]. In addition, we and other groups demonstrated that skipping

**Table 1. Potential targets of exon skipping therapy for each location of a nonsense mutation in the *DMD* gene.**

Mutated exon	Potential target exons
1	NA
2	ex2 – 19
3	ex3
4	ex4
5	ex5
6	ex6 – 8
7	ex6 – 8
8	ex6 – 8
9	ex9
10	ex10
11	ex11 – 12
12	ex11 – 12
13	ex13
14	ex14
15	ex15
16	ex16
17	ex17 – 18
18	ex17 – 18
19	ex19 – 20
20	ex19 – 20
21	ex21 – 22
22	ex21 – 22
23	ex23
24	ex24
25	ex25
26	ex26
27	ex27
28	ex28
29	ex29
30	ex30
31	ex31
32	ex32
33	ex33
34	ex34
35	ex35
36	ex36
37	ex37
38	ex38
39	ex39
40	ex40
41	ex41
42	ex42
43	ex43 – 44
44	ex43 – 44
45	ex45 – 46
46	ex45 – 46
47	ex47
48	ex48
49	ex49
50	ex50 – 51
51	ex50 – 51
52	ex52 – 53
53	ex52 – 53
54	ex54 – 55
55	ex54 – 55 or ex55 – 56
56	ex55 – 56 or ex56 – 57
57	ex56 – 57
58	ex58 – 59

**Table 1. Potential targets of exon skipping therapy for each location of a nonsense mutation in the *DMD* gene (continued).**

Mutated exon	Potential target exons
59	ex58 – 59
60	ex60
61	ex59 – 61
62	ex62 – 63
63	ex62 – 63
64	ex64
65	ex65 – 66
66	ex65 – 66
67	ex65 – 67
68	ex68 – 69
69	ex68 – 69 or ex69 – 70
70	ex69 – 70
71	ex71
72	ex72
73	ex73
74	ex74
75	ex70 – 75
76	ex76 – 78
77	ex77
78	ex76 – 78
79	NA

of exons 6 – 8 successfully rescued dystrophic dogs and human cells [73-76].

It is interesting to note that there is a spectrum of severity in patients carrying nonsense mutations in the same exon of the *DMD* gene. Ginjaar *et al.* reported varied severity in three boys in one family, all carrying the same nonsense mutations in exon 29 (4148C > T) [77]. The study indicates that varied levels of spontaneous skipping of exon 29 among these boys have led to the spectrum. Such cases provide further evidence that at least some nonsense mutations can be more easily treated with antisense therapy and they should not be overlooked. Since much preclinical trial work was done with a mouse model carrying a nonsense mutation (*mdx*), they may be ideal for clinical trials.

#### 4. Read-through drugs versus exon skipping

Another potential therapeutic approach for nonsense *DMD* mutations is stop codon read-through drugs such as Ataluren (PTC Therapeutics, South Plainfield, NJ, USA) [78]. They are orally delivered small molecules. Read-through drugs such as gentamicin, negamycin and ataluren (formerly known as PTC124) are reported to induce ribosomal readthrough of premature stop codons, and restore dystrophin expression [79-82]. Initial trial of gentamicin, an aminoglycoside which promotes readthrough in the *mdx* mouse model, presented potential toxicity and administration issues [83,84].

Following these trials, ataluren has been developed [78,82]. This is a nonaminoglycoside which induced dystrophin expression in primary muscle cells in human *DMD* and in

**Table 2. Exon skipping versus stop-codon readthrough.**

	Exon skipping	Readthrough
Applicability	Deletion, nonsense, splice site, duplication mutations (possibly) [104]	Nonsense mutations only
Sequence specificity	Requires specific oligos designed against each exon	The same drug applies to all nonsense mutations
Route for systemic treatment	Subcutaneous or i.v. injections	Oral
Typical administration intervals	Weekly or Bi weekly	Daily
Clinical trials (as per www.clinicaltrials.gov)	Currently in Phase II or III trials (exon 51 skipping for deletion mutations only)	Currently in Phase III open label trial for previously treated DMD/BMD (also Phase III for cystic fibrosis)
Manufacturers	Several, including AVI, GSK, and Prosensa	PTC Therapeutics

*mdx* mice [85]. In addition, it rescued skeletal muscle function in *mdx* mice within 2 – 8 weeks of drug exposure [82]. It is potentially beneficial in other genetic disorders such as cystic fibrosis (Phase II clinical trial) [86]. However, except for patients previously exposed to ataluren, there are no active registered DMD trials (www.clinicaltrials.gov). It was reported that previous ataluren trials were stopped because the predetermined primary outcome measure (changes in the distance walked during a 6-minute walk test) was not achieved [87].

Theoretically, most nonsense mutations in the *DMD* gene can be treated with both the exon skipping strategy and the read-through strategy. The mechanistic bases of exon skipping and read-through are entirely distinct, the major differences being described in Table 2. Both exon skipping therapy and stop-codon readthrough (PTC124) have entered clinical trials, though clinical efficacy has yet to be fully determined. Exon skipping approach is specific to certain types or patterns of mutation and can be thought of as personalized medicine. In contrast, read-through therapy is rather general medicine which is applicable to theoretically all nonsense mutations as shown in Table 2. It would be intriguing to test whether exon skipping and readthrough have additive effects to ameliorate DMD symptoms.

## 5. Conclusions

Exon skipping is an innovative molecular therapeutics strategy that has shown efficacy in rodent and dog models of DMD [17,18]. It successfully restored dystrophin expression and prolonged life in a severely affected animal model, the dystrophin/utrophin double knockout mouse, which died by 12 – 14 weeks without treatment [88,89]. Recent Phase I/II clinical trials, based out of the Netherlands and the UK, both targeting exon 51, report both molecular efficacy and lack of serious adverse events attributable to the drug [20,21,24]. The AVI Biopharma's Phase II trial demonstrated exon 51 skipping with new dystrophin protein expression in a statistically significant, dose-dependent, but variable manner [20]. Nevertheless, important challenges remain, including the failure of current approaches to

rescue functional dystrophin expression in the heart in animal models, and the need for more data on long-term toxicity (particularly as relates to proteinuria). Especially, it is a serious issue that morpholinos exhibit inefficient delivery to the heart, because cardiac failure is one of the leading causes of death in DMD [90]. New chemistries of AOs, or modifications to existing chemistries, may help circumvent these problems. Interplay between the commercial interests and regulatory bodies can generate barriers to successful treatment. One such barrier is the need to develop AOs targeting specific mutations or groups of mutations, with the requirement for separate clinical trials of each molecule or cocktail of molecules. This is of special importance to the treatment of nonsense mutations. In case of deletion mutations, a large proportion of the patient population has mutations within the same region of the gene. The most common subgroup of DMD deletion mutations will respond to exon 51 and exon 45 skipping, each of them corresponds to about 10% of DMD cases. In contrast, nonsense mutations are spread throughout the gene, requiring many different exons to be targeted for good coverage of the applicable patient population. In addition, overlap between applicable populations of patients having deletions with those having nonsense mutations is limited in terms of the exons that may be targeted, because nonsense mutations often require the skipping either of non-frame-shifting exons or of two adjacent exons, whereas deletions usually require the skipping of a single frame-shifting exon. Thus, few patients with nonsense mutations will benefit from the development of exon skipping molecules aimed at those exons (such as exons 51 and 45) corresponding to the largest target patient populations. The specificity of exon skipping, therefore, raises a difficult challenge for the application of this approach to nonsense mutations. Stop codon read-through drugs do not suffer this disadvantage, but may have disadvantages in terms of side effects resulting from their nonspecificity, and it remains to be seen which of the two approaches will prove the more successful in the long term.

## 6. Expert opinion

Antisense therapy has recently emerged as an exciting and promising strategy for the treatment of various genetic disorders,

and generated waves of enthusiasm in the neurology research field. The clear potential for success of exon skipping and antisense strategy has recently been demonstrated not only in treating DMD, but also in several other important genetic diseases such as limb-girdle muscular dystrophy (LGMD), spinal muscular atrophy (SMA), Huntington's disease, Fukuyama congenital muscular dystrophy (FCMD) and myotonic dystrophy [89,91-102]. All of these studies utilize AOs (or small nuclear RNA) but their strategies are quite different. These strategies include exon skipping with AOs (DMD, myotonic dystrophy, LGMD2B and Miyoshi myopathy), exon inclusion with AOs to knock-up a pseudo gene (SMA), splicing modulation with a cocktail of AOs (FCMD), and gene knockdown with AOs against triplet repeat disorders (Huntington's disease and myotonic dystrophy). These studies indicate that we can expect to see treatment of increasing numbers of genetic disorders with antisense therapy in near future.

Remaining challenges of exon skipping include inefficient delivery to the heart, lack of long-term toxicity data (including immune response) in humans, unknown function of resulting truncated dystrophins, discrepancies of exon skipping efficacy between *in vitro* and *in vivo* studies, the need for repeated administration of AO molecules due to rapid clearance from circulation and requirement for developing many AOs targeting different exons. The ultimate goal of exon skipping therapy is to treat most of DMD patients with AOs designed to target each patient. It is targeted mostly at the individual patient, and a clear example of mutation-specific personalized medicine. To achieve this goal, extensive optimization and development of AOs against most of exons in dystrophin mRNA are required as Wilton *et al.* previously did [103]. In some exons, multiple

AOs might be required to excise a single skipping of the targeted exon (such as exon 53) [39]. Although a couple of AO drugs such as ones targeting exons 45 and 51 (within mutation hot spot) in dystrophin mRNA are applicable to relatively high percentage (approximately 10% each) of DMD patients, AOs targeting each exon are mostly applicable to very limited number of patients. In this paper, we examined the exact applicability of exon skipping therapy for nonsense mutations by using the world-wide database of DMD patients for the first time. We demonstrated that approximately 47% of nonsense mutations can be potentially treated with single exon skipping (total of each antisense drug) and 90% with double exon skipping (total of each AO cocktail). However, to reach this proportion, the development of antisense molecules targeting 68 of dystrophin's 79 exons is required, because the patient population with nonsense mutations spreads thinly across most of exons. To expand the applicability of exon skipping therapy, it will be important to have an efficient regulatory path for drug approval that takes into account both the common properties of different sequences of the same antisense chemistry and the potential differences in the specific effects of each sequence. It will also benefit the progress of other personalized medicine in general.

### Declaration of interest

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The authors declare that they have no competing interests. This work was supported by the Friends of Garrett Cumming Research, Muscular Dystrophy Canada and HM Toupin Neurological Science Research, Canada.

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### Supplementary material available online

Table S1.